

How do you choose your food?

Cut out each of the cards below and discuss which are the most and least important factors that affect your food choices. Place the cards in a diamond shape to illustrate your choices.....

It's not heavily
packaged



The people producing it
were treated fairly



It's grown without
chemicals



It's fresh



It's grown locally



It looks good



Growing it didn't harm
the environment



It's healthy



It's cheap

