

# BEETROOT

## 1 SOW YOUR SEEDS

From March to July beetroot can be sown straight into raised beds in drills (groove or channel in the soil).

Sow 2cm deep and keep rows 30cm apart. Cover drills thinly with soil and water well.

## 2 THINNING OUT

Once seedlings are 5-10cm tall, start to pull out the smaller and weaker seedlings. Leave a space of 10cm between each plant.

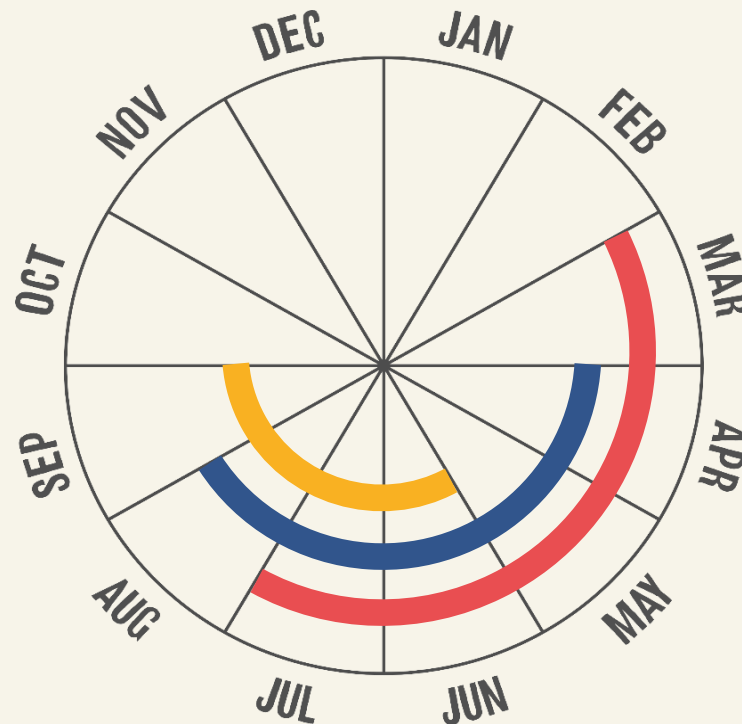
## 3 HARVESTING

Beetroot is ready to harvest from June, when you can pull up beetroot that are golf ball size. You can leave some to mature for longer and pull up when cricket ball size.



### TOP TIPS

Keep the soil around the crop moist and remember to weed regularly.



Seedlings



Young plants



Ready for harvest