

SOWING SEEDS IN RAISED BEDS

Edible
Playgrounds

1



Prepare the soil: use a rake to break up any large clumps and make the soil level.

2



Make a drill: use your fingers to draw a line in the soil, this is called a drill.

3



Water the drills: before adding the seeds.

4

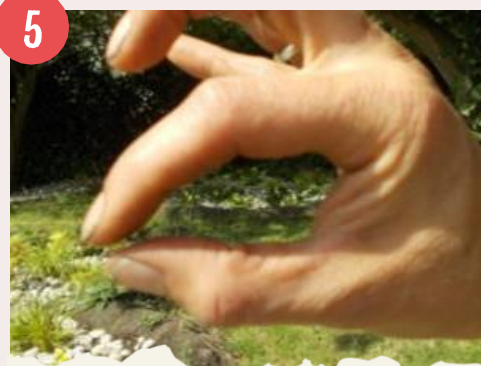


TOP TIP

Mix small seeds with sand to help spread them out!

Hold seeds in a seed cup: to keep seeds safe.

5



Pick up seeds with pinchy fingers: just a few seeds at a time.

6



Sow the seeds: sprinkle the seeds thinly along the drills and cover lightly with soil.

7



Label: remember to add a label with the plant name and the date at either end of the drill.

8



Look after your seedlings: water the soil around your seedlings regularly to help them grow.