

How healthy is your meadow?

Use this card to help you identify what's in your meadow. Here are some top tips for identifying meadow plants.

1. Check the colour and shape of the flower, and count how many petals it has.

2. **Look at the leaves**. What is their shape and size? What are the leaf edges like? Are there any hairs?

3. Look at the stem. What shape is it? Are there any hairs? How are the leaves arranged around the stem?

> Record your results on the accompanying activity sheet.

ACTIVITY 1.



Nettle patch

Nettles and thistles



prickly, as you will see overleaf

ACTIVITY 2.









meadows

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Common nettle

ACTIVITY 3.

Meadow leaf shapes

Different plants have different shapes of leaves. Look for different colours, textures and shapes.

Plantain leaf

- these are smooth and boat shaped and sit low to the ground, the flower sits tall like a ship's mast.

Ox-eye daisy leaf

Vetchling leaves

- are pinnate - made up of lots of leaflets.

ACTIVITY 4 and 5.

Meadow grasses

Grasses such as Yorkshire fog are associated with grassland and meadows that have been managed traditionally.

Sweet vernal grass

- spikelets of flowers with quite broad leaves. Has a sweet smell on the base of the flower.

··. Yorkshire fog

- tufty, soft spikelets can be grey\purple in colour and are a food source for some meadow butterflies.

Did you know that the base of the stems are striped red and are referred to as 'striped pajamas'? A key identification feature!



yorkshire fog

Rye-grass

- is a sign that meadows have been improved. This means that wild flowers may have disappeared. The leaves are flat and can be long with a shiny underside.



Rye-grass

"Fodder is vegetation including grasses and wild plants which is cut from meadows and fed to livestock".



ACTIVITY 6.

Yellow rattle

Yellow rattle usually appears in meadows between May and July. This important meadow plant may be a good indication that a meadow is quite healthy as it helps other meadow plants to thrive.

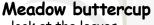
ACTIVITY 7.

Meadow flowers



Bird's foot-trefoil

- sometimes known as eggs and bacon - can you see why? This is a very common meadow flower and a popular source of nectar.



Yellow rattle
- seeds "rattle"

inside yellow capsules when ripe. Jagged, pointy leaves.

- look at the leaves shaped like the palm of your hand - these are called palmate leaves.



Meadow vetchling

Ox-eye daisy

- a good sign that summer has arrived - they tend to bloom around midsummer.

Tufted vetch

tufted vetch has curling tendrils that it uses for climbing and gripping
it often climbs over hedges.

