

YEAR 1 EDIBLE PLAYGROUND CURRICULUM GUIDE



A list of activities which are age and year group appropriate, linking to the National Curriculum. If your school follows your own curriculum then please use these activities as an indicator and adapt the ideas to suit the needs of your class.

YEAR 1	AUTUMN	SPRING	SUMMER
Reading texts	Where the Wild Things Are by Maurice Sendak	Stanley's Stick by John Hegley	Tadpoles Promise by Jeanne Willis
Literacy	<p>ABC hunt - hide the alphabet in your Edible Playground. Groups have to find their letters and lay out the alphabet in the correct order. <i>(phonics)</i></p> <p>Story Hunt - hang/hide different characters, settings and objects in your Edible Playground. Children have to choose one and then take it in turns to tell different stories using their chosen character, setting and object. <i>(speaking and listening)</i></p>	<p>Put out plant pots in the Edible Playground with different digraphs labelled on the front. Give out a selection of objects found in your Edible Playground to match with the correct digraph sound. <i>(phonics)</i></p> <p>Collect an object from the Edible Playground and then write down words that describe how it looks, smells, feels and sounds. <i>(writing)</i></p>	<p>Use coloured chalk on the playground floor to mark out a huge hopscotch or a long snake with the letters and sounds that you are focusing on that day/week. Children can have fun hopping along and shouting out the sounds as they land on them. <i>(phonics)</i></p> <p>Lay out the alphabet. Children have to go on an alphabet hunt to find natural/outdoor objects in the Edible Playground that match each letter, e.g. S = stick W = watering can. <i>(phonics)</i></p>
Numeracy	<p>Number and Place Value</p> <p>Collect different natural materials in groups of tens. How many groups of tens can you make?</p> <p>Each child gathers 10 leaves/sticks etc. Teacher calls a number (e.g. 5), and they have to organise themselves into groups of that number. They then have to count in tens to tell you how many leaves they have altogether as a group.</p>	<p>Addition and Subtraction</p> <p>Play a game of snakes and ladders on the playground floor using chalk and seeds as counters. Practice counting forwards and backwards.</p>	<p>Fractions/Measurement</p> <p>Create a mandala and divide it into halves and quarters. Fill it in using natural materials.</p> <p>Using different coloured string, children identify which plants are more or less than one metre. E.g. blue string = more than a metre, red string = less than a metre.</p>
Science	<p>Plants</p> <p>Collect a variety of leaves in your Edible Playground and identify which ones are deciduous and which are evergreen.</p>	<p>Animals</p> <p>Using spoons, magnifying glasses and petri dishes, go on a bug hunt. Can you find different types of invertebrates?</p>	<p>Working Scientifically</p> <p>Make a pile of natural materials from your Edible Playground and school grounds. Children have to sort them into different hoops based on different criteria. Can they come up with their own criteria for sorting?</p>

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YEAR 1	TERM 1	TERM 2	TERM 3
History	The Great Fire of London Make a series of cardboard houses and stage a great fire of London in your Edible Playground (if you're allowed and you have a Forest School leader to help).	Historical Events Give an outside performance. Act out a scene from a historical event that you are studying in your Edible Playground.	Castles Build a castle using plant pots and decorate it with natural materials. Create a living castle for the bugs in your Edible Playground.
Geography	Physical Geography Using a weather chart, record the weather out in your Edible Playground.	Geographical Skills and Fieldwork Choose a sunny day. Mark out a giant compass in your Edible Playground. Can you work out the direction the sun is moving across the sky?	Geographical Skills and Fieldwork Give the children a map of the school. They have to find clues marked on the map by going to the correct part of the school.
Art and Design	Sculpture Make leaf sun catchers using willow, a leaf (laminated) and wool to thread in the laminate. Display in your Edible Playground.	Painting Collect a variety of crops from your Edible Playground and using finger paint make a picture of your favourite one. Explain why it's your favourite.	Food Artists Using some of the crops you have grown, serve your food on a plate in a creative way. Make a food picture with the food!
Design and Technology		Technical Knowledge Create and build a structure out of eco-bricks.	Design and Make Look at the shapes of the crops and plants in your Edible Playground and use them as vegetable stamps.
Computing	<ul style="list-style-type: none"> Take pictures of your Edible Playground, save and print them to make a collage. Use the Garage Band app to record then loop natural sounds to make music. Take photos of bugs and write notes about them. 		
PSHE	<ul style="list-style-type: none"> Read the 'Tadpoles Promise' in your Edible Playground and then discuss what is a promise, and is it ever okay to break one? The carrot or a chocolate bar. What would you save and why? Discuss how an Edible Playground/outdoor space could be used to help make playtimes happier. 		
RE/PE/Music	<ul style="list-style-type: none"> Vegetable yoga, vegetable dance moves, dance inspired by the growth of a plant from seed to tree. Food with religious significance, recording a soundscape, making seed shakers using different sized seeds. Write a song about your Edible Playground and how it makes you feel. 		