



**Staff Name:**  
**Zone:** Bushcraft  
**Ability range:** P7-NC3  
**Target Group:** SEN

**Date:**  
**Lesson Reference:**  
 Week 2  
 'Journey Sticks'

**Learning Objectives:**

- Students to walk/follow a woodland trail.
- Students to create a journey stick of the environment to help them recall their journey back.

**Learning Outcomes:**

- Students to make a journey stick to help recall the trail.
- Students to record their activities onto a log sheet.

**Challenge:** Students to produce a mud painting.

**Differentiation:** Visual aids used for access to help channel their thinking.  
 Support from teaching assistant.

**Development of Skills/Cross Curricular**  
**LITERACY/COMMUNICATION**

Reinforcement of keywords, development of discussions through describing tasks and group activities.

**ENTERPRISE**

Communication, team work.

**PSHE**

Environmental awareness.

**STARTER ACTIVITY**

Register the students and share the lesson objectives with them.

Transport the students to the start of the woodland nature trail walk. Whilst walking the trail ask the students to find a stick which is approximately arm length in size.

**MAIN PART OF LESSON**

**Journey Sticks:** Introduction and explanation of activity.

**Challenge:** Whilst on their rest break ask the students to create a mud painting of the view. Use a stick (for a paint brush) and a plastic cup filled with a mud and water paste (for the paint) to depict the landscape.

**PLENARY**

**Log Sheet:** Pupils to record activities via words, drawings and photographs onto the log sheet.

Access groups to pick four visual aids that describe the trail.

**Extension Task:** Complete woodland exploration sheet upon return.

**Risk Assessment:** Teacher in charge to ensure all correct and appropriate risk assessments are carried out to ensure the health and safety of all of the students in the group.

**Disclaimer**

The template used to produce this document, is purely for guidance only and can be adapted to suit individual requirements/standards/establishments.

VISUAL	Demonstration. The forest environment.
AUDITORY	Direct teaching/explanation.
KINAESTHETIC	Journey sticks. Mud paintings.
SKILLS	Development of team/group work and communication.
SEN	Over view. Behaviour/epilepsy plans.
REWARDS	Linked to school reward system.



## Journey Sticks

### What You Will Need:

- A stick about the same length as your arm.
- String (8 pieces about 30cm each).
- 8 markers e.g. stones or conkers.
- Plastic cup for extension activity.

### Direction:

1. Find a stick about the same length as your arm.
2. Collect 8 pieces of string from your teacher.
3. Collect your 8 markers.
4. Listen to the instructions from your teacher.

A-long the route you are going to hide 8 markers. You will have to find these markers on the return journey.



-Each time you hide a marker you will need to attach a natural item to your journey stick, to enable you to recall that location.



-The natural items attached to the stick can be leaves, plant petals, moss, feathers or anything else found at the hiding location.

5. Now take a break.
6. On your return journey find your markers, using your journey stick to remind you of where you left them.
7. The winning team is the one that finds all of their markers.

### Post Activity Discussion:

Discuss the variety of items found and how they were used to help recall the locations of the markers.

Discuss how the Native Americans used journey sticks in the natural world.



## Woodland Exploration

**Task:** Record (using words, drawings or photos) the different things that you saw, heard, smelt, felt (and possibly even tasted) along your woodland walk.



What things did you see?



What things did you hear?



What things did you smell?



What things did you touch?



What things could have been eaten by animals?

